

The 14th Rattlesnake Trail 50k was run Saturday July 12, 2008. Under ideal conditions, the course is tough. Under the conditions we had for the race, it was brutal but fun. That's right. Ultra runners are a sick bunch. If it was cool, overcast and breezy it would be a 10k! So much for the theory of slower times going hand in hand with high temperatures.

Jonathan Basham ran 3 hours, 59 minutes and 44 seconds, a current course record {the old course was shy of 31 miles}. The amazing part was that he slowed up and waited to make sure he was headed the correct direction on the course. Nick Whited, who finished second in a time of 4 hours 28 minute and 40 seconds, had run the course before. Paul Potorti came in third at 4 hours 37 minutes 46 seconds. Jonathan was a very gracious winner. He complimented on the course being very technical and very well marked. Some reading this article would differ on the course markings {we had several runners off course at the Black Bear turn}.

In the women's field, Jenny Anderson {4 hours 49 minutes 30 seconds} led the way. Krista Meisch was second in 5 hours 5 minutes and 25 seconds. The third place woman was Robin Weiner in a time of 5 hours 12 minutes and 38 seconds. Both the men's and women's field was spread out time wise. In the hot conditions, everyone was racing themselves and the weather conditions.

On the Masters side, J. Russell Gill ran 4 hours 57 minutes and 14 seconds for the men. Sharon Marks won the Masters for the women in 5 hours 58 minutes and 13 seconds. This makes 4 times that Sharon has won the Masters.

Bill Keane finished his 200th Ultra. Thanks for choosing the Rattlesnake Trail 50k for that mark. Rob Apple finished his 524th run. Rod Gladfelter finished his first ultra. Several others did as well but Rod had been hurt in an industrial accident. He was paralyzed from the neck down. He worked his way back and finished the RTR 50k and received the Dave Berry Award for his determination and courage.

Vic Ware completed his 14th straight RTR 50k. He is the only 14 time finisher. He will be 73 on July 25th. That shows how positive ultra running affects your life. No matter your age, you can still compete against the course.

Thanks to Kanawha State Forest and Superintendent Ernie Adkins, Assistant Kevin Dials, John Boreman, Caroline Barker and the entire staff.

Thank you to sponsors Hammer Gel, Inov-8, 5-Hour energy and JT Enterprises {John Sheets}.

A very special thanks to the co race director and my best friend, my wife, Mary Anne.

Volunteers make the race. Without them, nothing happens. I list them because they are tireless and there every year. They are: Jerry and June Hicks, Steve and Sandy Childress, Steve and Missy Marshall, Terry Tomlinson, Jim Young, Paul Broughton, Aaron Hamrick, Paul Hamrick, Aidan Hamrick and last, but not least Glenn Jarrell.

PLACE	NAME	STATE	AGE	M/F	TIME
1	JONATHAN BASHAM	PA	31	M	3:59:44*
2	NICK A. WHITED	VA	30	M	4:28:40
3	PAUL POTORTI	NC	44	M	4:37:46
4	VLADIMIR BANAS	NC	38	M	4:43:03
5	JENNY ANDERSON	VA	34	F	4:49:30
6	GABE RAINWATER	OH	20	M	4:54:38
7	J. RUSSELL GILL	VA	44	M	4:57:14
8	ZACH MITCHELL	IN	30	M	4:58:05
9	CHRIS WILLIAMS	WV	34	M	5:04:18
10	KRISTA MEISCH	VA	23	F	5:05:25
11	JOHN CHARLTON	SC	42	M	5:06:58
12	ROBIN WEINER	WV	49	F	5:12:38
13	M. COLEMAN	GA	47	M	5:14:00
14	A. MOORE	NC	28	M	5:16:18
15	SHENNA KEVORKIAN	NC	25	F	5:16:20
16	MATT LALLY	KY	25	M	5:21:33
17	JIM COBB	SC	48	M	5:22:36
18	ANTHONY LEE	FL	35	M	5:25:44
19	SCOTT ROBINSON	OH	42	M	5:27:48
20	FRANCESCA CONTE	VA	36	F	5:30:11
21	MIRIAM SMITH	MS	30	F	5:34:30
22	NANCY P. SEUFERT	NC	33	F	5:47:14
23	AMY SINGER	WV	23	F	5:47:48
24	JAY FINKLE	VA	45	M	5:49:28
25	TODD M. PATTERSON	NC	32	M	5:52:54
26	EOIN SYRON	PA	27	M	5:53:33
27	SHARON MARKS	WV	50	F	5:58:13
28	GEOFFREY BAUM	PA	22	M	6:03:44
29	ELIZABETH MINNICK	VA	27	F	6:05:41
30	ERICKA UMBARGER	VA	28	F	6:05:41
31	WENDY BABCOCK	OH	43	F	6:08:25
32	ANDY ANDERSON	VA	27	M	6:11:41
33	DOUG WILLIAMS	IN	44	M	6:13:41
34	RICK GRAY	TN	47	M	6:16:00
35	SUZANNE KRAYNACK	PA	31	F	6:23:31
36	CHRIS YOUNG	PA	35	M	6:23:44
37	TRACY LIGHTFOOT	KY	23	F	6:25:50
38	MATTHEW YOUNG	WV	33	M	6:26:10
39	BRUCE TANKSLEY	TN	48	M	6:27:08
40	FRANK FUMICH	VA	40	M	6:28:36
41	DAN LEHMANN	WV	57	M	6:28:41
42	GARY HYZER	OH	40	M	6:28:41
43	SUSAN DONNELLY	TN	45	F	6:29:11
44	ROB APPLE	TN	46	M	6:29:11
45	SEAN GAVOR	NJ	29	M	6:32:04
46	JOE WOOD	VA	43	M	6:33:51

47	MARK MANNERING	ONT.	50	M	6:34:29
48	FRANCK C. LIVAUDAIS	TX	33	M	6:35:38
49	JOE SEUFERT	NC	36	M	6:45:23
50	GARY SMITH	WV	54	M	6:48:06
51	ANITA FINKLE	VA	42	F	6:48:40
52	JEFF MCGONNELL	NC	48	M	6:52:59
53	DAVID SNIPES	VA	40	M	6:59:17
54	CHRIS ROBINSON	KY	27	M	6:59:22
55	REBEKAH MUSSLEWHITE	KY	24	F	6:59:23
56	TOM GREEN	MD	57	M	7:00:45
57	MILTON WEBB	WV	52	M	7:02:04
58	STAN WULLSCHLEGER	TN	52	M	7:04:30
59	RICHARD CORBETT	NC	43	M	7:18:23
60	DAVID HUFFMAN	WV	40	M	7:23:14
61	RON MCKINNEY	WV	61	M	7:26:29
62	RUSS GRAY	WV	41	M	7:27:12
63	JASON A. GADDY	NC	37	M	7:27:23
64	WM. M. KEANE	NC	63	M	7:40:25
65	MICHAEL GIBSON	IA	36	M	7:40:25
66	RANDY BOWERS	WV	51	M	7:42:00
67	CHRISTOPHER REDMAN	TN	40	M	7:42:54
68	JIM COLLINS	FL	54	M	7:46:34
69	ROD GLADFELTER	PA	50	M	7:47:40
70	DAVID JANOSKO	OH	50	M	7:49:11
71	DIANE THOMAS	KY	25	F	7:54:33
72	JAN SUTTMILLER	OH	52	F	8:03:20
73	MARY PRILLAMAN	VA	42	F	8:19:36
74	HENRY E. THOMPSON	VA	35	M	8:19:36
75	JOHN SHEETS	WV	62	M	8:25:27
76	LISA FISHER	TN	39	F	8:25:27
77	LAURENCE MACON	TX	63	M	8:52:00
78	JOHN FALK	NC	30	M	8:56:40
79	ROSEMARY EVANS	KY	54	F	8:56:45
80	JERRY P. COCHRAN	WV	57	M	9:03:57
81	VIC WARE	WV	72	M	9:22:43
82	DIANE TAYLOR	TN	51	F	9:44:44
83	HARRY BRUNER	WV	55	M	9:44:44
84	ANGELA RENE IVORY	TN	40	F	9:56:14
85	EUGENE BRUCKERT	IL	73	M	9:56:14
86	RUSS EGELAND	MD	55	M	10:18:37
87	AMANDA WILLIAMS	WV	35	F	10:41:12
88	PAULA SMITH	WV	36	F	10:41:12
89	MARCIA GODWIN	NC	63	F	10:42:00

*Course record

97 Starters 89 Finishers