

## Online Registration:

at [runsignup.com](http://runsignup.com)

<https://www.runsignup.com/Race/TX/GrandPrairie/PeacefulTomorrowswithOurTroopsVetsVI5K1MileRunWalk>

at [active.com](http://active.com)

[http://www.active.com/event\\_detail.cfm?event\\_id=2013039](http://www.active.com/event_detail.cfm?event_id=2013039)

## Course Map:

<http://www.usatf.org/routes/view.asp?rID=432911>

## Photos:

<http://www.movin-pictures.com>

## Contact:

Jeph Abara Phone: 817-265-4578 Email: [jephaa@yahoo.com](mailto:jephaa@yahoo.com)

Our racing mission continues to be to produce affordable, hedonistically fun & athletically competitive races that also benefit some charity(-ies) with a populist & gender parity focus – for the average runner/walker (including the novices) and also for the seasoned, serious racer.

In a century that has begun and continues with so much violence and so much warring, it's clearly in humankind's self-interest that we actively pursue peace & justice and genuine security for all and that we espouse a culture that abhors bellicosity and embraces mutual respect and sharingness. That's the spirit of this race. The race again will engage our servicemen and servicewomen who have actually walked the walk, experienced the heat of hell, and been in the belly of and borne the brunt of battle, who have sacrificed – sometimes losing their limbs, sometimes losing their very lives – so that we may live secure and free and at peace.

Real-life veterans – who put their lives and limbs on the line in service to and defense of our country -- will share the race with us to receive our abiding gratitude and support which they and our active troops richly deserve; sadly posthumously for some. As usual the race will offer unvarnished racing fun & competition, with a gorgeous racing course! It's part loop and part out-and-back. There's a little incline in Mile 1 for character, then it's fast and flat as a pancake the rest of the way. The *head* will sing Hallelujah! The *heart* will find it Heavenly! The *lungs* will fall in Love! The *feet* ... ah, the *feet*...they will Feel & caress! It also will be a race whose net proceeds and sentiment support both our troops presently in uniform and those who served and sacrificed for us in the past – our veterans – and pray that our country remains safe & secure in a world at peace, a sense of peaceful patriotism.

Net proceeds from the race will benefit two Vets' organizations – a national disabled Vets' organization and Veterans For Peace.

More info -- including online registration -- is available on the Web at <http://www.runningintheusa.com/jeph> The race flyer/entry form can be downloaded from this Web page.

**May 28** 0800 Peaceful Tomorrows with Our Troops & Vets VI 5K / 1 Mile Run/Walk,  
Mike Lewis Park, Grand Prairie, TX 75050

817-265-4578 / [www.runningintheusa.com/jeph](http://www.runningintheusa.com/jeph)

*Benefits two Vets' organizations – a national disabled Vets' organization and Veterans For Peace.*

## DETAILS:

**WHAT:** Peaceful Tomorrows with Our Troops & Vets VI 5K / 1 Mile Run/Walk

***(The Spirit & Sentiment of the race will be to Celebrate a sense of peaceful patriotism, our nation secure and safe in a world at peace.)***

[Distance markers will be both in Miles and in Kilometers – Experience the metric universe, with a mile measurement fallback!]

**WHEN** 8:00 AM, Monday, 5/28/2012 [5K @ 8:00 AM; 1 Mile @ 9:00 AM]

**WHERE:** Mike Lewis Park, 2410 N. Carrier Parkway, Grand Prairie, TX 75050

**From I-30**, exit on Hwy 161. Go North at the light and stay on the right side of the road to what becomes the old NW 19th. Continue to the light at N. Carrier Parkway ;turn left and continue North past Sunnyvale; then turn Right into Mike Lewis Park; Park is about 1.5 miles from I-30. **From Hwy 360**, exit on (North) Carrier Parkway and go Southeast (or East); continue past Roy Orr, then turn Left into Mike Lewis Park; Park is about 1.7 miles from Hwy 360.

***One also can get directions from the 'Net, by, for example, going to [www.yahoo.com](http://www.yahoo.com), clicking on "Maps" and then on the "Get Directions" link OR [www.MapQuest.com](http://www.MapQuest.com). The location address for the race would be 2410 N carrier Parkway (Grand Prairie, TX 75050).***

**HOW MUCH:** 5K \$10 Mail-in by 5/23/12 ; \$10 Walk-in at The Runner, 3535 W. Pioneer Pkwy, Arlington, TX 76013 thru 5/26/12; \$15 Race day: \$10 (plus processing fee) Online thru 5/26/12

**1 MILE** \$5 at any time

Entry forms are available at most area running stores or by e-mail from [jephaa@yahoo.com](mailto:jephaa@yahoo.com) or can be downloaded at <http://www.runningintheusa.com/jeph> Online registration also can be accessed at <http://www.runningintheusa.com/jeph>

**BENEFITS:** Net cash proceeds will benefit

\* two Vets' organizations – a national disabled Vets' organization and Veterans For Peace --to honor & thank our active troops and veterans for their service and sacrifices, and to support them as they seek a peaceful, safe and secure future for us all.

plus donated toiletries, personal health care items, laundry detergent (for SafeHaven of Tarrant County)

**Reference Theme:** "... Come my friends, / 'Tis not too late / To seek a newer world ..." -- Lord Tennyson in "Ulysses".

**URL:** <http://www.runningintheusa.com/jeph>

This charity 5K/1M – like all our other charity fundraiser 5K/1M races – is not only athletically competitive & fun as well as socially activist & sharing, but also is priced very affordably (*with no similar or charity race around here on the same day even close in price – running club races are irrelevant vis-à-vis this bold claim*). It offers the unalloyed joy of unencumbered, *reckless-abandon* running/walking for *free spirits* who embrace our at-once simple but complex humanity and are moved to celebrate and share the ethos, excitement, substance & wonder of their existence with fellow humankind! It is meticulously & professionally produced & scored by active & passionate real racers who are familiar with the different aspects & nuances of road racing and who understand and cater to fellow

racers & their needs. It presents very robust & inclusive award brackets – from 6 & Under to 80 & Over. Come celebrate with us!