

# ☺ **THE GAY (HAPPY) RACE 5K Run/Walk** ☺

## **9:00 AM, Saturday, February 20, 2010**

*"Play me a melody when I am gay./.../The tempo quick, or let rhythm sway;/.../When I am sad, sound not a note;" – Musicomania, poem by Daisy Walker, 1936.*  
Ain't life a beautiful, exciting, journey...a beautiful **dance**... a beautiful race? "Dance, dance, wherever you may be;/ I am the Lord of the Dance, said He."  
*gay - a v. poetic word, evoking excitement, gladness, happiness, joy, vivacity ..., and, yes, gaiety, melodious music & dazzling dance!*

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### **DIRECTIONS to The Gay (Happy) Race Run/Walk** (see race flyer/entry form below)

**From I-30**, exit on Hwy 161. Go North on NW 19th until it merges with N. Carrier Parkway ; continue North past Sunnyvale; then turn Right into Mike Lewis Park; Park is about 1.5 miles from I-30. **From Hwy 360**, exit on (North) Carrier Parkway and go Southeast (or East); continue past Roy Orr, then turn Left into Mike Lewis Park; Park is about 1.7 miles from Hwy 360.

*You also can get some alternate directions from the 'Net, by, for example, going to [www.yahoo.com](http://www.yahoo.com), clicking on "Maps" and then on the "Get Directions" link. Also MapQuest.com. The location address for the race would be 2410 N. Carrier Pkwy (Grand Prairie, TX 75050)*

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**WHEN:** 9:00 AM, Saturday, February 20, 2010

**WHERE:** Mike Lewis Park, 2410 N. Carrier Parkway, Grand Prairie, TX 75050  
[Between major highways I-30 (on the south) and Hwy 360 (on the northwest); Closest city street light intersections are at Sunnyvale (to the south) and Roy Orr (to the north). Park entrance is approx. 0.1 mile North of Sunnyvale and 0.2 mile South of Roy Orr.]

**ENTRY FEE** \$10 Make checks payable to: **ASSIST Systems**, P.O. Box 3635, Arlington, TX 76007 (**Please mail by 2/16/10**)  
**& REGISTRATION:** OR Walk-in: Thru 6:30 PM on 2/19/10 at The Runner, 3535 W. Pioneer Parkway, Arlington, TX 76013 (817)461-2281  
OR \$15 Race Day: 8:00 AM – 8:50 AM, at the race site (Also race number pick-up for mail-in and online entrants.)

PLUS (optional) **School supplies** - Pens, #2 Pencils, Crayons, Notebook paper, Folders, Markers, Backpacks, etc., **for needy students, on Race Day**

**AWARDS:** **5K** \*1st Overall/Masters male/female, Top 3: 0-6, 7-8, 9-11, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+  
\* Plus random & milestone "SOULS & SOLES" awards. No duplication of awards. **NO T-SHIRTS!!!!!!** *But a small, scholarly memento.*

**DOOR PRIZES:** Just a few. All participants are eligible. **Must be present to win.**

**PURPOSE/BENEFICIARY:** *3fold:*\* Pure, unvarnished racing fun\* Celebrate gaiety \* Offer a little help to Girls Inc., "inspiring all girls to be strong, smart and bold".

**INFORMATION:** Contact (Metro)817-265-4578 / [jephaa@yahoo.com](mailto:jephaa@yahoo.com) / <http://www.runningintheusa.com/jeph>

Award winners' names will be submitted to the Dallas Morning News & the Fort Worth Star-Telegram; **Complete results (all finishers)** to [www.runningintheusa.com](http://www.runningintheusa.com), etc.

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### **The Gay (Happy) Race 5K Run/Walk (May be duplicated.)**

Mail to: ASSIST Systems , P.O. Box 3635, Arlington, TX 76007 (Please make checks payable to: **ASSIST Systems**)

Name \_\_\_\_\_ Age(as of 2/20/10) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Gender: F \_\_\_ M \_\_\_

Phone # \_\_\_\_\_ Email Address \_\_\_\_\_

In consideration of the acceptance of this entry, I, the undersigned, assume full and complete responsibility for any injury or accident which may happen to me during the event known as The Gay (Happy) Race 5K Run/Walk or while I am on the premises of the event, and I hereby release and agree to indemnify, defend and hold harmless the City of Grand Prairie, sponsors, promoters, and all other persons or entities associated with this event from all injuries and damages, or otherwise.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Parent's/Guardian's Signature (if under 18 years)

\_\_\_\_\_  
Date