

Friendship Not Fear

5K / 1 MILE Run/Walk

8:30 AM, Saturday, February 12, 2011

DIRECTIONS to Friendship Not Fear 5K/1M Run/Walk (see entry form / race flyer below)

FROM S ARLINGTON & PLACES S OF ARLINGTON: Go N on 360, exit Abram E. Continue at *** below. (Ignore the TURN LEFT)

FROM PLANO, N DALLAS & PLACES N OF ARLINGTON: Go W on 635 from Central, then S on Hwy 35E. From 35E, take Loop 12 & continue to I-30. Go W on I-30 & exit 360 S. Continue S on 360 & exit Abram E. Continue at *** below.

FROM DALLAS & PLACES E OF ARLINGTON: Go W on I-30. Go W on I-30 & exit 360 S. Continue S on 360 & exit Abram E. Continue at *** below.

FROM FORT WORTH & PLACES W OF ARLINGTON: Go E on I-30. Exit 360 S continue to exit Abram E. Continue below.

*** Go E on Abram and take an immediate R on Osler (behind gas station & motel). Follow Osler Dr. and take R on Timber Oaks Ln. School will be on your immediate R. Continue on that road until you see the race activity. Find a parking space. You've arrived at the race!!!

WHEN: 8:30 AM Saturday, February 12, 2011

WHERE: Crouch Elementary
2810 Prairie Hill Ln (near Abrams & 360), Grand Prairie, TX 75051

ENTRY FEE & REGISTRATION: \$20 for 5K/1Mile Fun Run/Walk: Make checks payable to: **Crouch Elementary**
Mail to: **2810 Prairie Hill Lane, Grand Prairie, TX 75051, (Please mail by 2/5/11)**
OR Walk in: Thru 6:00 PM on 2/11/11 at The Runner, 3535 W. Pioneer Parkway, Arlington, TX 76013 (817) 461-2281
OR **\$25 (5K/1Mile) Race Day:** 7:30 – 8:20 AM, at the race site.

Crouch Students – Free

\$10 – All other students

PACKET PICK-UP: 10:30 AM – 6:30 PM, 2/10/11 – 2/11/11, At The Runner Shop
7:30 AM – 8:20 On Race Day

AWARDS: *5K: 1st Overall male and female finishers, 1st Masters male and female finishers in the 5K. Top 3 finishers in the following age/gender groups or grades also will be awarded: Kindergarten, 1st Grade, 2nd Grade, 3rd Grade, 4th Grade, 5th Grade, 6th Grade, 13-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & Over. *1-MILE Ribbons to all finishers.

PURPOSE/BENEFICIARY: The main purpose of the race is to highlight the school's anti-bullying program. Any net race proceeds will benefit that program.

INFORMATION: Contact (Metro) 682-867-0200 / mhernan11@aisd.net / <http://www.aisd.net/crouch/>

Award winners' names will be submitted to the Dallas Morning News & the Fort Worth Star-Telegram, **Complete results (all finishers)** posted on www.runningintheusa.com

Friendship Not Fear 5K / 1 Mile Run/Walk Entry Form (May be duplicated.)

Mail to: 2810 Prairie Hill Lane, Grand Prairie, TX 75051 (Make checks payable to: **Crouch Elementary**)

Name _____ Age (as of 2/12/11) _____

Address _____

City _____ State _____ Zip _____ Gender: F ___ M ___

Phone # _____ Email Address _____

Students Only:

School: _____ Grade: _____ Teacher: _____

Race 5K ___ 1 Mile ___ Youth T-shirt: S M L Adult T-shirt: S M L XL XXL

In consideration of the acceptance of this entry, I, the undersigned, assume full and complete responsibility for any injury or accident which may happen to me during the event known as Friendship Not Fear 5K / 1 Mile Run/Walk or while I am on the premises of the event, and I hereby release and agree to indemnify, defend and hold harmless the City of Arlington & City of Grand Prairie, Crouch Elementary, sponsors, promoters, and all other persons or entities associated with this event from all injuries and damages, or otherwise.

Signature _____

Parent's/Guardian's Signature (if under 18 years) _____

Date _____