

8th ANNUAL FRIEND 2 FRIEND

Hot Chili Challenge 8 mi. TRAIL RUN

5K FUN RUN/WALK (not timed)

RACE SITE: KITTATINNY VALLEY STATE PARK/GOODALE RD. entrance!

All PROCEEDS BENEFIT "S.C.W.F.'s FREE MAMMOGRAM" Program

DATE: SUNDAY

OCTOBER 18th, 2009

FEES: \$20 Before 10/1/09

COMPUTERIZED TIMING: STRIDER TIMING COMPANY

CASH AWARDS: TOP 3 OVERALL MALE & FEMALE

5 yr. Age Groups: 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 64-69, 70+

Check in Time: 7:30am

RACE TIME: 9:30am

FROM 10/1/09 til race day:\$25

FREE T-SHIRTS TO FIRST 75 PRE-REGISTERED ONLY! Goody bags while supply lasts!

PRE RACE:: Biscuits/Rolls/cream cheese/butter/OJ/Coffee

CHILI++CHICKEN NOODLE SOUP ++HOT DOGS ++BOTTLED H2O++FRESH FRUIT

"SAVE OUR STATE PARKS" & XTRA RACE T-SHIRTS AVAILABLE @ \$10

"RENO" BAND PLAYING ALL MORNING....BRING THE FAMILY....EAT, CHAT & RELAX in the PARK

ONLINE registration: www.raceforum.com/chilichallenge **Download:** www.runningintheusa.com/chilichallenge

COURSE DESCRIPTION+INFO:: www.friend2friendswcf.org

Race Director: Mare Galeos @ (973) 919-1373

Race Info: friend2friendmg@gmail.com

Please make check payable to **S.C.W.F.** , mail entry form(s) To 37 Cambridge Rd, Lafayette, NJ 07848

PRINT CLEARLY:

NAME: _____ Age _____ Date of Birth _____ SEX: M ___ F ___

ADDRESS _____ City: _____ State: _____

PHONE# _____ E-MAIL _____ T.S.Size S ___ M ___ L ___ XL ___

In consideration of this entry, I hereby for myself, my heirs, executors, and administrators, waive all claims for damages I may have against the Sussex County Women's Forum, the representatives, successors of assigns of these organizations, race volunteers and all sponsors for any injuries that may be suffered by me in this event. I further attest and verify that I am physically able to participate in this event.

SIGNATURE _____ DATE _____

PARENT SIGNATURE IF UNDER 18

Office use only

DATE _____

BIB# _____