

34th Annual

Lake Hartwell Dam Run

Hosted by the Hart Co. Chamber of Commerce & the Hart Co. Running Club

5K Run/10k Run and
1 Mile Fun Run – 8:30 AM

SATURDAY

May 5th, 2012

Big Oaks Recreation Area
On US 29 just North of
Hartwell, Georgia



- ◆ One of Georgia's most scenic 5K road races. Runner start in SC and run across the dam (perfectly flat) back into GA.
- ◆ Georgia's most scenic 10K. Starts in GA and goes across the Savannah River bridge and comes back across the dam to finish back in GA.
- ◆ The 1 mile Fun Run starts after the 10K.
- ◆ Packet pick-up and sign-in begins @ 7:00AM on race day at Big Oaks recreation area. Behind the Corps of Engineer office on US 29
- ◆ Free Parking is available at the Corps of Engineer office area. Restrooms available.
- ◆ Directions: Take I-85 to Hartwell exit 177. Go through Hartwell to Corps of Engineers Resource Manager's office on US Highway 29 North.
- ◆ 5K & 10K registration is \$20 before April 29th. One mile fun run is \$20. No shirt option is \$15. Race day registration is \$25. Mail-in or register online at www.active.com.
- ◆ AWARDS – 5K/10K awards to Male/Female overall, masters, and grandmasters. 3 deep in male/female age groups. Fun Run awards are 3 deep for age groups up to 15 years old.
- ◆ Camping, marinas, beaches, restaurants and lodging nearby. Call 706-376-8590 for details.
- ◆ Food & beverages at the finish. Fluids on the course.
- ◆ 5K and 10K courses USATF Certified.

----- Mail-In with Registration Fee -----

Last Name _____ First Name _____ Age _____ M F

Address (Number & Street) _____

City _____ State _____ Zip Code _____

SHIRT SIZE: S M L XL XXL Email _____

EVENT: 5K Run/Walk 10K Run 1 Mile Fun Run

Waiver: I hereby release the sponsors and officials of the **2012 Lake Hartwell Dam Run** from all claims of injury or damages resulting from participating in these events. I realize these are strenuous events which require proper physical conditioning. I hereby certify that I am in proper physical condition to participate.

Signed _____ Guardian if under 18 _____



Checks payable and mail to: **Hart County Running Club, PO Box 815, Hartwell, GA 30643**
For more information, contact Judd Bailey @ 864-314-4369.



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