

Frog Hop 5K & 1 mile Tadpole Fun Run

at Sandy Creek Park

Sunday, Feb. 19, 2012

2 pm - Tadpole Fun Run

2:30 pm - 5K



Walkers and strollers are welcome!

Awards: Featuring awards for the overall male/female, overall male/female masters, and top three in 15 different age groups.

Course: Both courses are within the park and entirely on paved roads. The race is part of the Run and See Georgia series.

Entry Fees: \$15 per person (either event) if post-marked before Feb. 10 or \$20 thereafter. Family rate (mail-in only): \$50 to pre-registered entrants only (Feb. 10 deadline). \$12 for the no-shirt option.

Directions: Sandy Creek Park, 400 Bob Holman Road, is 2.5 miles north of Athens just off U.S 441 North.

Goodies: Preregistered entrants will receive a unique short sleeved T-shirt (and while supplies last to late registrants) delicious Papa John's Pizza, bananas, Coca Cola and other goodies.

Packet pick up and late registration: Early pick-up at Sandy Creek Nature Center from 8:30 a.m. - 5:00 pm Saturday, Feb. 18, (NOT at the park). Race day pick up / late registration at the community building at Sandy Creek Park from 1:00 pm -1:45 pm.

Information: Please call Sandy Creek at (706) 613-3615, ext. 235.

SANDY CREEK Nature Center

GARY L. JONES, D.M.D. ORTHODONTICS for Children and Adults



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Entry Form

Please return completed form and check to Frog Hop 5K, c/o Sandy Creek Nature Center, 205 Old Commerce Road, Athens, GA 30607. \$15 per person for either event if postmarked before 2/10/12. \$20 per person after 2/10/12. Family rate \$50 for pre-registered families only (and we need one form per entrant). \$12 for the no shirt option.



Name: _____

Age: _____ DOB: _____ Sex: _____ Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

Event: 5K Tadpole Fun Run

Size: Child Small Child Med No Shirt Option (\$12)

Adult Small Adult Med Adult Lg Adult XL Adult XXL (please add \$2)
(same as Child Large)

WAIVER:

I hereby release the hosts, sponsors, and officials of the 13th Annual Frog Hop 5K and Tadpole 1 Mile Fun Run from all claims of injury or damages resulting from my participation in said events. I realize that this is a strenuous event, which requires proper physical conditioning. I hereby certify that I am in proper physical condition to participate. I also give permission for use of my name and/or picture in any media and/or other account of this event.

Date _____

Signature (Parent or guardian if under 18) _____

I cannot participate, but would like to support the event in the amount of \$_____.

THANK YOU for your support!