



Apalachee High School Cheerleaders
present



10th Annual Dale Sanders Apalachee Wildcat 5K Run

Friday - April 27, 2012 – 6:30PM & 7:00 PM
Apalachee High School, Winder, GA



TIMES:

1 Mile FUN RUN- 6:30PM

5K Walk/Run – 7:00PM

THE COURSE: The Run will begin at Apalachee High School. The course navigates through Avalon Village, following Haymon-Morris to Tom Miller Rd. intersection, straight across into Berkshire Place, through Berkshire Place back towards the high school, turning right to go behind the elementary and middle school and finishing at Apalachee.

REGISTRATION:

\$15 pre-registered 5K – *postmarked by 4/18/12*

\$20 thereafter and race day 5K

Students 18 years & under and

Fun Run (any age) - \$10

\$50 Family rate (up to 4 runners) **pre-registered only**

Race day registration begins at 5:00 pm.

Checks made payable to AHS CheerCats Booster Club.

AWARDS: Awards will be given to the Overall m/f, Masters m/f and top 2 m/f in the following age groups: 10-under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+. All fun run participants will receive ribbons.

TO GET THERE: From Athens – Take 316W to Hwy. 81. Take a left on Hwy. 81 to Carl-Bethlehem Rd. Take a right on Carl-Bethlehem Rd. to Haymon-Morris Rd. Turn left on Haymon-Morris Rd. to the High School

From Atlanta – Take 316 East to Hwy. 81 (Barrow County). Take a right on Hwy. 81 to Carl-Bethlehem Rd. Take a right on Carl-Bethlehem Rd. to Haymon-Morris Rd. Turn left on Haymon-Morris Rd. to the High School.



BENEFITS: This 5K race will benefit the Apalachee High School Cheerleaders. For more information, contact Haley McDonald at AHS - 770-586-5111.

Please return entry to:
Apalachee High School, 940 Haymon-Morris Rd., Winder, GA 30680. Attn: Wildcat 5K Run

NAME:

DOB

AGE

ADDRESS:

CITY:

STATE:

ZIP

T-SHIRT SIZE

S

M

L

XL

MALE

FEMALE

Waiver: In consideration of accepting the entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages that I may have against Apalachee High School, all sponsors, their representatives, successor, assigns, for any and all injuries suffered by me in this event. I also grant full permission to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Signature: _____ Parents Signature if under 18: _____

