FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

11th Annual Cheerios Challenge

COVINGTON FAMILY YMCA ❖ GENERAL MILLS
10K/5K Road Race and 1 Mile Fun Run
Healthy Kids Day
Saturday April 21, 2012

Start Times:	10K	7:30 AM
	1 Mile Fun Run	9:00 AM
	5K	9:30 AM
Location:	Covington Family YMCA 2140 Newton Drive - Covington, GA 30014	

Entry Fees:	10K and 5K	Pre-Registration $15	Race Day $20
	Fun Run	Pre-Registration $12	Race Day $15
	Both 10K & 5K	Pre-Registration $25	Race Day $35
	Family Pack of 4	Pre-Registration $45	Race Day $60
	Dry Fit Shirt Option	Pre-Registration **$20**	***(pre-registration only / Adult sizes only)***

Packet Pickup: April 20 11:00 AM to 6:00 PM and April 21 beginning at 6:30 AM @ Covington YMCA

$ 100 Cash prize to 1st Male / Female to break course records!!! (10K and 5K)
10K Record M: 31:16 F: 37:52 5K Records: M: 14:48 F: 17:15
Awards in Standard Age Groups will be given at end of the races.

Registration: Pre-Registration is $15, by *April 13, 2012.* Race Day Registration is $20. All registration fees are non-refundable. Bring registration form to or mail registration form to: Covington YMCA Attn: Cheerios Challenge, 2140 Newton Drive, Covington, GA 30014. Make checks payable to Covington YMCA. Please call 770-787-3908 with any questions or visit our website, cvy.ymcaatlanta.org. Online registration @ www.active.com
All schools participating in the school challenge must have their registrations in by April 13, 2012.

Cheerios Challenge benefits Covington Family YMCA's *Partner With Youth* Financial Assistance Program.

The Cheerios logo is a registered trademark and is used with permission from General Mills.

THE Cheerios CHALLENGE 10K/5K AND 1 MILE FUN RUN ***SATURDAY, APRIL 21, 2012***

LAST NAME _____ FIRST NAME _____

ADDRESS _____ CITY _____

STATE _____ ZIP CODE _____ Email _____

EVENT: ☐ 10K ☐ 5K ☐ FUN RUN ☐ Both 10K & 5K (1 shirt) ☐ ***Phantom Runner*** (shirt only)

AGE _____ GENDER: ☐ MALE ☐ FEMALE - T-SHIRT SIZE (☐ YS) (☐ YM) (☐ S) (☐ M) (☐ L) (☐ XL) (☐ XXL - $2 EXTRA)

☐ ***DRY FIT SHIRT – ADULT SIZES ONLY ($5 EXTRA)***

Participation Waiver: The undersigned in consideration of the acceptance of this entry does for the undersigned and their heirs, executors, and administrators, waive and release any and all rights and claims which the undersigned might have against the YMCA of Metropolitan Atlanta, their agents or servants for any injuries suffered in the events including both pre-race and post-race activities. The undersigned is physically fit and well-trained for this event and grants full permission to the YMCA of Metropolitan Atlanta, to record all or any portion of the events by photograph or otherwise.

Signature _____ Parent/Guardian if under 18 _____