

Lace Up!!

NOV. 26, 2011



Race Day Sign In begins at 8AM
Starting gun at 9AM

Tribble Mill Park Lawrenceville, GA

Saturday, November 26, 2011 is the Inaugural 5K HeroRun
We're running to support injured and disabled public safety officials.
This event is a Run Walk or Roll* 5K and a Half mile Fun Run

Sign up Today!

at www.NobleHeroes.org/events
and on Active.com



Thank You
HeroRun
Sponsors



*5K roll is for participants in wheelchairs

5K Run and Roll Awards:

Top 3 male and female winners in standard age groups beginning with 10 and under, through 70 and older, in 5 year increments will receive awards.

REGISTRATION:

Online registration at Active.com or mail entry forms and fees, and make checks payable to:

NobleHeroes Foundation

PO Box 91

Holly Springs, GA 30142

Email: cgale@nobleheroes.org

Phone: 706.338.3184

Early Bird Entry Fee: Received **by** November 18th

5K Run/Walk/*Wheelchair Roll fee \$18

1/2 Mile Fun Run fee \$10 (no T-shirt)

Late Entry Fee: Received **after** November 18th

5K Run/Walk/*Wheelchair Roll fee \$23 (T-shirt not guaranteed)

1/2 Mile Fun Run fee \$10 (no T-shirt)

Name _____

Address _____

City _____

State _____

Zip _____

Phone _____

Email _____

Age (on Race Day) _____

Male / Female _____

Shirt Size _____

S M L XL XXL

Waiver/release must be completed in order to participate in the events. PLEASE READ CAREFULLY BEFORE SIGNING. In consideration of my entry, I hereby, for myself, my heirs, my executors and administrators, waive any and all rights and claims for damages I may have against the NobleHeroes Foundation, the Foundation directors, members, volunteers, agents, sponsors, or race director. None of the above is responsible for loss of personal items nor any form of injury or aggravation I might receive in connection with said events. I fully understand that my participation is a completely voluntary undertaking of my own choosing, and I fully understand that in doing so, I assume full responsibility for all damages or injuries incurred by me in connection with these events. I also acknowledge that I am an amateur in such events and give my permission for free use of my name and or image/likeness in any broadcast or print account of these events. I acknowledge that I have read and fully understand my own liability.

Signature (Parent or guardian must sign if under 18 years of age) _____ Date _____