

Apalachee High School Cheerleaders
present



8th Annual Dale Sanders Apalachee Wildcat 5K Run



Friday - April 9, 2010 – 7:00 PM
Apalachee High School, Winder, GA

TIME:

5K Walk/Run – 7:00PM

THE COURSE: The Run will begin at Apalachee High School. The course navigates through Avalon Village, following Haymon-Morris to Tom Miller Rd. intersection, straight across into Berkshire Place, through Berkshire Place back towards the high school, turning right to go behind the elementary and middle school and finishing at Apalachee.

REGISTRATION:

\$15 pre-registered – *postmarked by 3/26/10*

\$20 thereafter and race day

Students 18 years & under - \$10

\$50 Family rate (up to 4 runners) pre-registered only

Race day registration begins at 5:00 pm.

Checks made payable to AHS CheerCats
Booster Club.

AWARDS: Awards will be given to the Overall m/f, Masters m/f and top 2 m/f in the following age groups: 10-under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+. All fun run participants will receive ribbons.

TO GET THERE: From Athens – Take 316W to Hwy. 81. Take a left on Hwy. 81 to Carl-Bethlehem Rd. Take a right on Carl-Bethlehem Rd. to Haymon-Morris Rd. Turn left on Haymon-Morris Rd. to the High School

From Atlanta – Take 316 East to Hwy. 81 (Barrow County). Take a right on Hwy. 81 to Carl-Bethlehem Rd. Take a right on Carl-Bethlehem Rd. to Haymon-Morris Rd. Turn left on Haymon-Morris Rd. to the High School.

BENEFITS: This 5K race will benefit the Apalachee High School Cheerleaders.

For more information, contact Stephanie Jordan at AHS - 770-586-5111.

Results provided by **Classic Race Services, Will Chamberlin, 706-769-6593, gwillic@bellsouth.net.**

Please return entry to Apalachee High School, 940 Haymon-Morris Rd., Winder, GA 30680. Attn: Wildcat 5K Run

Apalachee High School Wildcat 5K Run
April 9, 2010 – 7:00PM

			M/F
Last Name	First	Middle	Sex

Address (Number Street)		5K/Fun Run
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P.O. Box	City	State	Zip	Circle One
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Date: _____ T-Shirt Size: S M L XL Age: _____

Waiver: In consideration of accepting the entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages that I may have against Apalachee High School, all sponsors, their representatives, successor, assigns, for any and all injuries suffered by me in this event. I also grant full permission to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Signature: _____ Parents Signature if under 18: _____