

# Freeze Your Buns!

11<sup>th</sup> Annual

## Winter in Winterville 5-Miler Sponsored by the Athens Track Club 9:00 AM on Saturday, January 10, 2009



- Course: Same course as the Marigold 10K without the last 1.2 miles and the "heat". Relatively flat course around Winterville.
- Pottery awards by Pat McCaffrey (*Swampware*) to the first overall male and female, master's male and female, and first three finishers, male and female, in age groups.
- Age Groups: 10 and under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and up.
- T-shirt: All participants will receive an adult-sized long-sleeve T-shirt, guaranteed on race day to all pre-registered participants. Race day as they are available.
- Information: For information call Will Chamberlin (706) 769-6593, [gwillc@bellsouth.net](mailto:gwillc@bellsouth.net) or Marty Carr (354-8665), [minniethecat2@yahoo.com](mailto:minniethecat2@yahoo.com) or Pascale Riley (548-2327), [prsmriley@bellsouth.net](mailto:prsmriley@bellsouth.net).
- Registration:
  - \$ 16 pre-registration before 1/03/09, \$ 12 - no T-shirt.
  - Athens Track Club members, \$12 pre-registration only (includes shirt)
  - \$ 20 thereafter, \$14 for the no shirt option on race day.
  - Family \$50. (pre-registered only), includes shirts
  - Race day number and shirt pick-up: Begins at 7:30 AM at the Winterville Pavilion
- Bread, cookies, bananas, coffee, and hot cider will be available
- **Directions to Winterville:** When you get to Athens take the Athens Perimeter (Loop 10) around to the Downtown Athens/, Athens Airport exit (hwy 78). Go east on 78 (away from downtown Athens towards Lexington) for exactly 2 miles to a the traffic light at Gaines School Road/Lexington Hwy. At this intersection turn left on to Cherokee Road. Go 3.5 miles on Cherokee Road until you get to the five-way intersection in Winterville (Texaco station on left) then make a right turn followed by another immediate right turn on to Main Street. Follow Main Street for about 3/4 mile to the Winterville Depot on the left. There is parking at Pittard Park and the Depot.

Send completed application and registration fee(checks made payable to Athens Track Club) to:



Athens Track Club  
C/o Pascale Riley  
4209 Old Lexington Road  
Athens, GA 30605



One entry per form - Please copy if more are needed

Name \_\_\_\_\_ T-shirt size (circle one): S M L XL XXL None

Age on 01/10/09 \_\_\_\_\_ Sex (circle one) M F email \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

In consideration of your accepting this entry, I, the signee, intending to be legally bound, hereby, for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the Winter in Winterville 5-Miler, or their sponsors, officials, workers, representatives, successors, assigns, for any and all injuries suffered by me in this event.

Signature (by parent or guardian if under 18)

Date