



Apalachee High School Cheerleaders  
present

# 7<sup>th</sup> Annual Dale Sanders Wildcat 5K Run/1 Mile Fun Run



Friday - April 3, 2009 – 7:00 PM  
Apalachee High School, Winder, GA

**TIME:**

**5K Walk/Run – 7:00PM**

**1 Mile – 6:30 PM**

**THE COURSE:** The Run and finish at Apalachee High School. The course will be run on paved streets in and around the high school and middle school.

**REGISTRATION:**

\$15 pre-registered – *postmarked by 3/27/09*

\$20 thereafter and race day

\$50 Family rate (up to 4 runners) pre-registered only

Race day registration begins at 5:00 pm.

**AWARDS:** Awards will be given to the Overall m/f, Masters m/f and top 2 m/f in the following age groups: 10-under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+. All fun run participants will receive ribbons.

**TO GET THERE: From Athens** – Take 316W to Hwy. 81. Take a left on Hwy. 81 to Carl-Bethlehem Rd. Take a right on Carl-Bethlehem Rd. to Haymon-Morris Rd. Turn left on Haymon-Morris Rd. to the High School

**From Atlanta** – Take 316 East to Hwy. 81 (Barrow County). Take a right on Hwy. 81 to Carl-Bethlehem Rd. Take a right on Carl-Bethlehem Rd. to Haymon-Morris Rd. Turn left on Haymon-Morris Rd. to the High School.

**Checks** made payable to AHS CheerCats Booster Club.

**BENEFITS:** This 5K race will benefit the Apalachee High School Cheerleaders.

For more information, contact Stephanie Jordan at AHS - 770-586-5111.

**Results provided by Classic Race Services, Will Chamberlin, 706-769-6593, gwillc@bellsouth.net.**

Please return entry to Apalachee High School, 940 Haymon-Morris Rd., Winder, GA 30680. Attn: Wildcat 5K Run

Apalachee High School Wildcat 5K Run						
April 3, 2009 – 7:00PM						
				M/F		
Last Name	First	Middle		Sex		
Address (Number Street)				5K/Fun Run		
P.O. Box	City	State	Zip	Circle One		
Date: _____	T-Shirt Size:	S	M	L	XL	Age: _____
<p><b>Waiver:</b> In consideration of accepting the entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages that I may have against Apalachee High School, all sponsors, their representatives, successor, assigns, for any and all injuries suffered by me in this event. I also grant full permission to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any legitimate purpose.</p>						
Signature: _____		Parents Signature if under 18: _____				